## BE TICK SMART

## Do a Daily Tick Check

After spending the day outdoors, it's important to check yourself and your family for bumps and tiny brown spots. Make sure to check these areas:

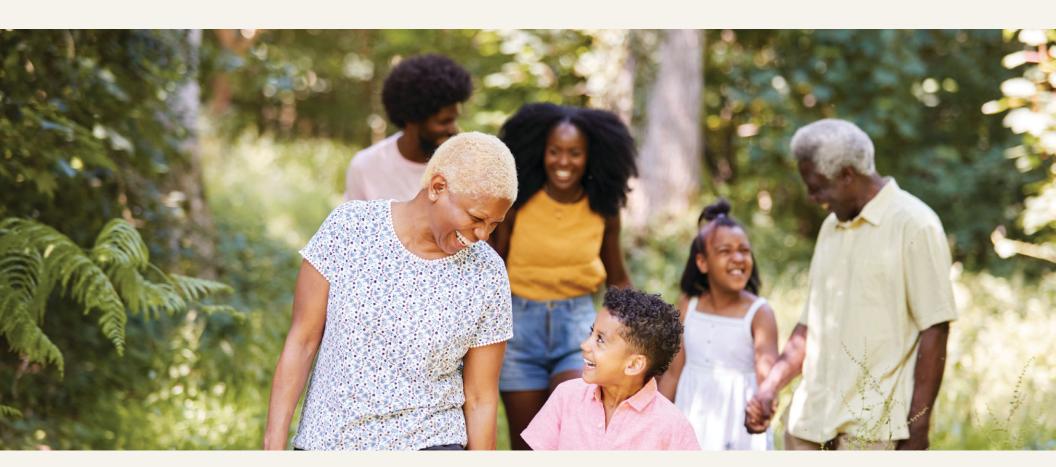


BELLY BUTTON

WAIST & HIPS

BEHIND KNEES

PELVIC AREA & BETWEEN LEGS



Protect Check Remove Act

