

WEEKLY NEW BRUNSWICK INFLUENZA REPORT

Reporting period: March 5 to March 11, 2023 (week 10)

Summary

In New Brunswick, influenza activity is low

New Brunswick:

- There have been 9 positive influenza cases in week 10 (percent positivity: 0.72%). Since the beginning of the season, 4322 cases have been reported, 138 influenza A(H3) viruses, 2 influenza A(H1N1) pdm09, 4177 influenza A (unsubtyped) and 5 influenza B.
- There have been 3 new influenza associated hospitalizations during week 10. Since the beginning of the season, 874 hospitalizations have been reported and 66 deaths.
- The ILI consultation rate was 47.2 per 1,000 patients visits for week 10. The ILI rate was within the expected levels for this time of the year.
- No new influenza outbreak and no new ILI school outbreaks were reported in week 10. So far this season, 35 influenza outbreaks were reported, and 234 ILI school outbreaks were reported.

Canada:

- At the national level, influenza activity remains low at levels typically seen in late spring/early summer.
- In week 10, a total of 340 laboratory detections (147 influenza A and 193 influenza B) were reported.
- The percentage of FluWatchers reporting fever and cough was 1.5 % in week 10. The percentage of FluWatchers reporting cough and fever is below seasonal levels.

Effectiveness of 2022-2023 influenza vaccine:

- Based on a recently published [Canadian Vaccine Effectiveness Study](#), for data collected between November 1, 2022 and January 6, 2023, vaccine effectiveness (VE) was estimated to be 54% against influenza A(H3N2). This means that 5 cases out of 10 would have been prevented if they received the vaccination. Due to the dominant circulation of influenza A(H3N2) this season, the VE estimate was only available for one influenza subtype. By age group, VE was 47% (95% CI 11 to 69) for individuals under the age of 19 years, 58% (95% CI 33 to 73) for adults aged 20-64 years and 59% (95% CI 15 to 80) for adults 65 years and older.

International:

Seasonal influenza:

Countries are recommended to monitor the relative co-circulation of influenza and SARS-CoV-2 viruses. They are encouraged to enhance integrated surveillance and step-up their influenza vaccination campaign to prevent severe disease and hospitalizations associated with influenza. Globally, influenza activity continued to decrease following the peak in late 2022. Influenza A viruses predominated with a slightly larger proportion of A(H1N1)pdm09 viruses detected among the subtyped influenza A viruses. The proportion of influenza B virus detections increased during this reporting period. In the countries of North America, most indicators of influenza activity decreased to levels similar or below levels typically observed towards the end of the season. Influenza A viruses predominated and influenza A(H3N2) accounted for the majority of subtyped influenza A viruses in the United States of America (USA), whereas A(H1N1)pdm09 accounted for the majority of subtyped influenza A viruses in Canada. In Europe, overall influenza detections remained stable and influenza positivity from sentinel sites increased in the most recent week, remaining above the epidemic threshold at the regional level. Out of 39 countries, 18 reported high or moderate intensity, and over half continued to report widespread activity. Overall, influenza A and B viruses were detected at similar proportions in both sentinel and non-sentinel surveillance. The proportion of influenza B viruses increased in recent weeks. Other indicators of influenza activity remained stable or decreased in most countries while a few countries reported increases. In Central Asia, influenza activity decreased overall. In Northern Africa, activity driven by all seasonal influenza subtypes was low and continued to decrease in Morocco and Tunisia. In Western Asia, influenza activity continued to be reported in some countries with detections of all seasonal influenza subtypes. In East Asia, influenza activity of predominantly A(H1N1)pdm09 steeply increased in China but decreased in the other reporting countries. In the Caribbean and Central American countries, influenza activity of mainly influenza A(H3N2) and B viruses continued to decrease. In the tropical countries of South America, influenza remained low with all seasonal subtypes co-circulating and influenza B/Victoria predominant. In tropical Africa, influenza activity was highest in eastern Africa but remained low overall with detections of all seasonal influenza subtypes reported. In Southern Asia, influenza activity remained low with all seasonal influenza subtypes detected. In South-East Asia, detections of predominantly influenza B viruses remained elevated, mainly due to continued detections in Malaysia. In the temperate zones of the southern hemisphere, influenza activity remained at inter-seasonal levels.

Emerging Respiratory Viruses:

- **COVID-19:** On December 31, 2019, a cluster of cases of pneumonia was reported in Wuhan, China, and the cause was confirmed as a new coronavirus that had not previously been identified in humans (COVID-19). As of March 20, 2023, 4,618,059 cases of COVID-19 infection in Canada have been identified with 51,800 deaths. Since August 28, 2022, fourteen thousand seven hundred and seventy-five cases have been identified in New Brunswick with 198 deaths. As of March 16, the WHO reported globally 760 360 956 confirmed cases and 6 873 477 deaths.

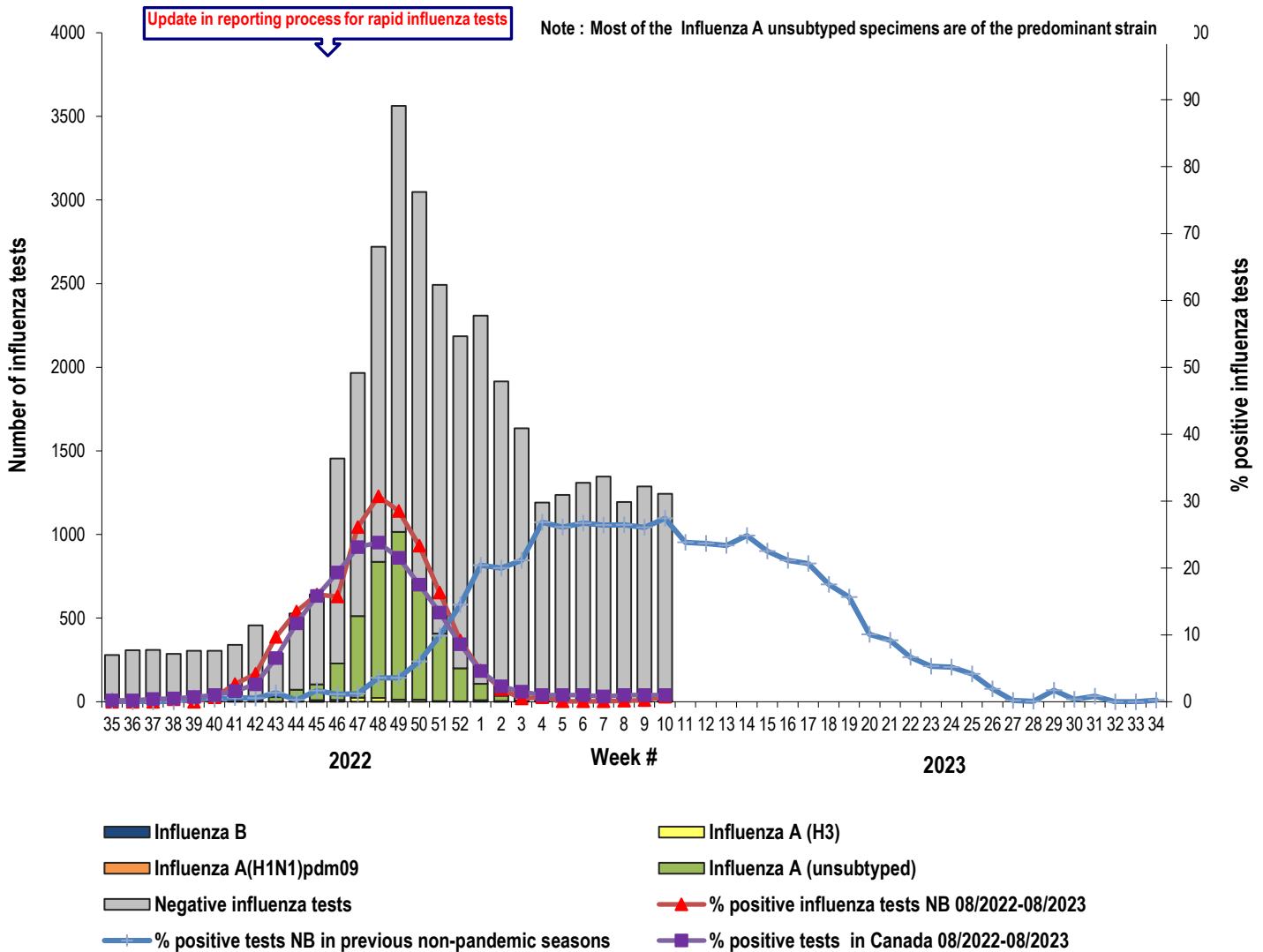
For more timely updates, please visit the following websites:

- WHO: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- PHAC: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>
- NB : https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory_diseases/coronavirus.html
- **MERS CoV:**
 - WHO: [WHO EMRO | MERS outbreaks | MERS-CoV | Health topics](#)
 - CDC: <http://www.cdc.gov/coronavirus/mers/>
- **Avian Influenza:**
 - WHO: [WHO EMRO | Avian influenza | Avian influenza | Health topics](#)

1) Influenza Laboratory Data¹

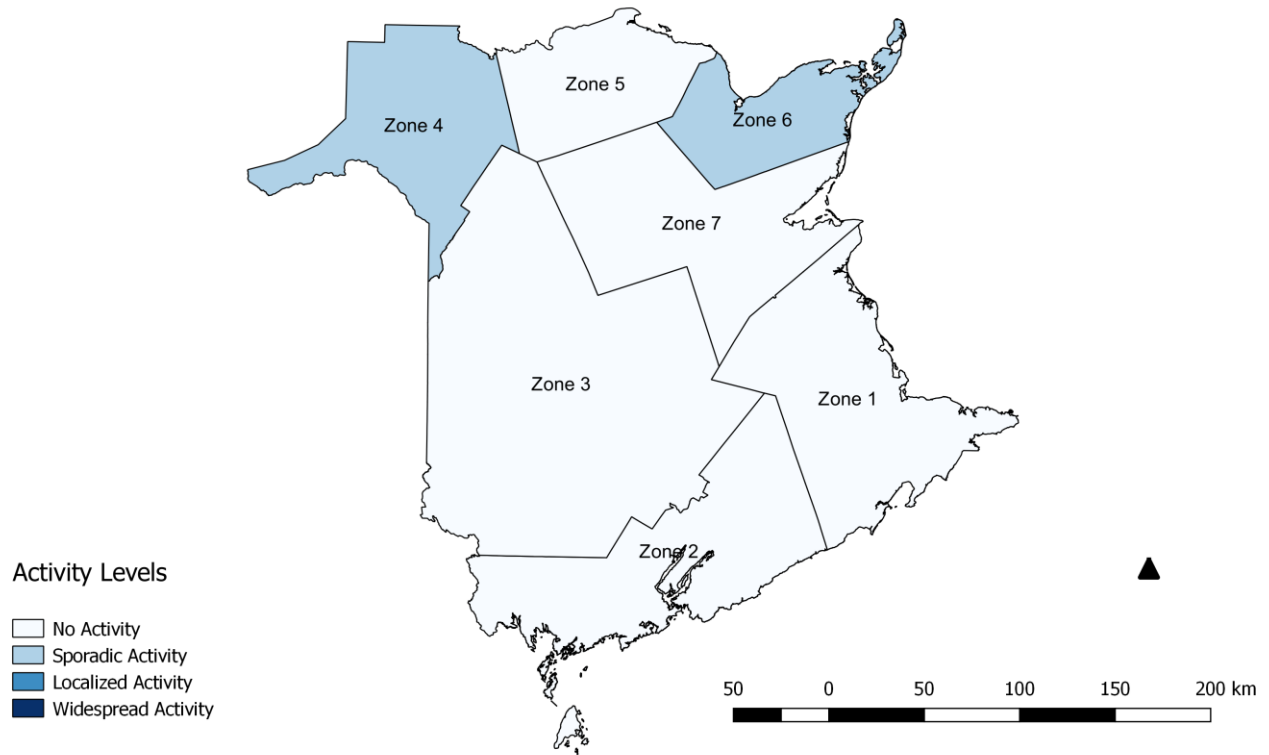
- Influenza activity is low in week 10.
- Nine influenza cases were reported during week 10, seven influenza A (unsubtyped) and two influenza A(H1N1) pdm09.
- Since the beginning of the season, 4322 cases have been reported, 138 influenza A(H3) viruses, 2 influenza A(H1N1) pdm09, 4177 influenza A (unsubtyped) and 5 influenza B.

Graph 1: Number and percent of positive influenza specimens in New Brunswick by week, up to March 11, 2023 (data source: G. Dumont Lab results)



¹ Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of sites in Emergency Rooms, in Family Practice, in First Nations communities, in Nursing Home, in Universities and in Community Health Centers. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.

Figure 2: Influenza/ILI activity levels² by Health Zones, in New Brunswick, for week 10, season 2022/2023.



² No activity is defined as no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI may be reported.

Sporadic activity is defined as sporadically occurring ILI and lab confirmed influenza detection(s) with no outbreaks detected within the influenza surveillance region.

Localized activity is defined as evidence of increased ILI with lab confirmed influenza detection(s) and outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in less than 50% of the influenza surveillance region.

Widespread activity is defined as evidence of increased ILI with lab confirmed influenza detection(s) and outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in greater than or equal to 50% of the influenza surveillance region.

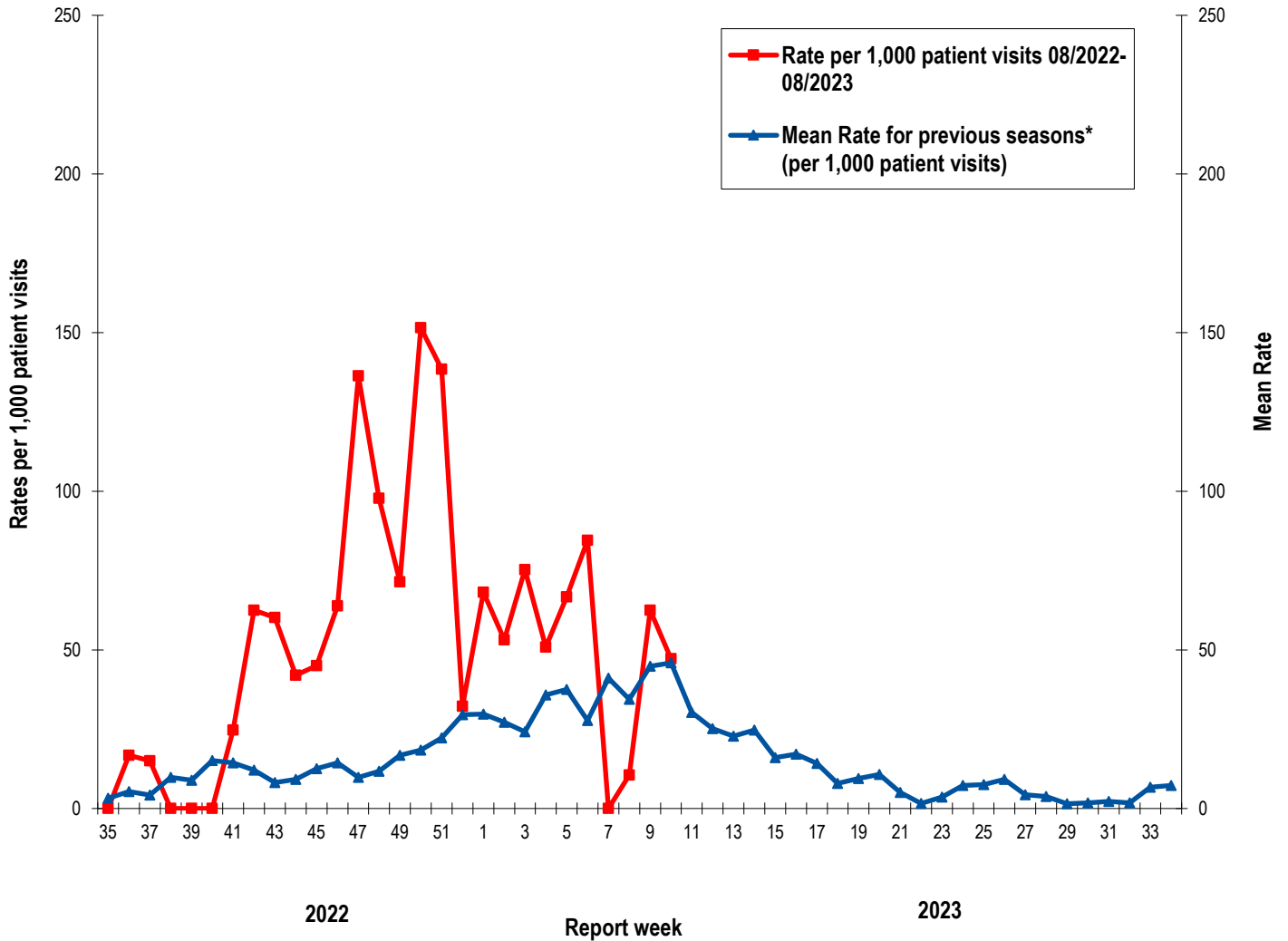
Table 1: Positive influenza cases by Health Region, in New Brunswick for reporting week, cumulative current and season 2019-2020.
 (data source: G. Dumont lab results up to March 11, 2023)

Zone	Reporting period: March/5/2023–March/11/2023						Cumulative: (2022/2023 season) Aug./28/2022 – March/11/2023						Cumulative: (2021/2022 season) Aug./29/2021 –Aug./27/2022					
	A				B	A & B co- infection	A				B	A & B co- infection	A				B	A & B co- infection
	A(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total	Total	A(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total	Total	Total	(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total
Zone 1	0	0	0	0	0	0	79	0	1160	1239	1	0	124	0	115	239	0	0
Zone 2	0	0	0	0	0	0	28	0	800	828	1	0	11	0	60	71	0	0
Zone 3	0	0	0	0	0	0	9	0	821	830	0	0	33	0	55	88	1	0
Zone 4	0	2	6	8	0	0	7	2	356	365	2	0	4	0	10	14	0	0
Zone 5	0	0	0	0	0	0	5	0	135	140	0	0	1	0	7	8	0	0
Zone 6	0	0	1	1	0	0	8	0	596	604	0	0	5	0	13	18	0	0
Zone 7	0	0	0	0	0	0	2	0	309	311	1	0	1	0	2	3	0	0
Total NB	0	2	7	9	0	0	138	2	4177	4317	5	0	179	0	262	441	1	0

2) ILI Consultation Rates³

- The ILI consultation rate was 47.2 per 1,000 patients visits for week 10. The ILI rate within the expected levels for this time of year.
- During week 10, the sentinel response rate was 17% for both the FluWatch sentinel physicians and the NB SPIN practitioners.

Graph 2: ILI Consultation Rates in New Brunswick, by report week, season 2022/23 compared to previous seasons*



* The mean rate was based on data from the 1996/97 to 2021/2022 seasons and excludes the Pandemic season (2009/10, 2020/21).

³ A total of 23 practitioner sites (14 FluWatch sentinel physicians and 9 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

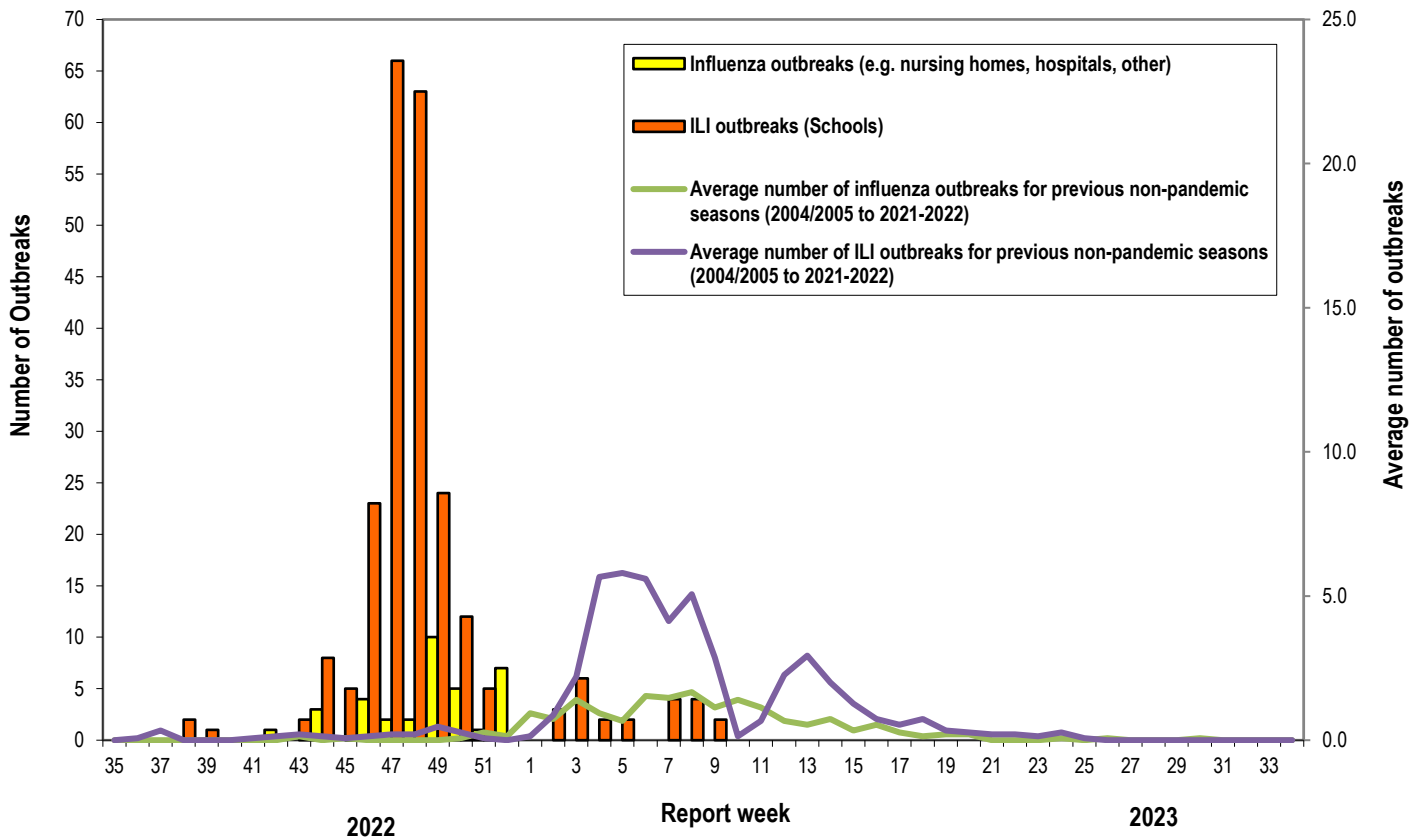
3) ILI and Laboratory-Confirmed Outbreak Data

Table 2: New ILI activity/outbreaks in New Brunswick nursing homes and schools* for the reporting week and current season.

	Reporting period: March/5/2023 to March/11/2023			Cumulative # of outbreaks season 2022-2023*
	Lab-confirmed outbreaks in Nursing homes ⁴	ILI school outbreaks ⁵ *	Lab-confirmed outbreaks in Other settings ⁵	
Zone 1	0 out of 15	0 out of 74	0	55
Zone 2	0 out of 16	0 out of 81	0	59
Zone 3	0 out of 16	0 out of 95	0	86
Zone 4	0 out of 5	0 out of 22	0	18
Zone 5	0 out of 2	0 out of 18	0	4
Zone 6	0 out of 9	0 out of 35	0	38
Zone 7	0 out of 5	0 out of 27	0	9
Total NB	0 out of 68	0 out of 352	0	269*

*During this influenza season, 2022-2023, the number of ILI outbreaks in school (based on greater than 10% absenteeism in school due to ILI symptoms, which for many schools cannot be determined) might be misrepresented due to the ongoing circulation of COVID-19, since distinction between influenza-like-illness and COVID-like illness is not always evident. Therefore, the number of ILI outbreaks in schools should be interpreted with caution.

Graph 3: Number of Influenza Outbreaks (nursing homes, hospitals, other)⁵ and ILI Outbreaks (schools)⁶ reported to Public Health in New Brunswick, by report week, season 2022/23.

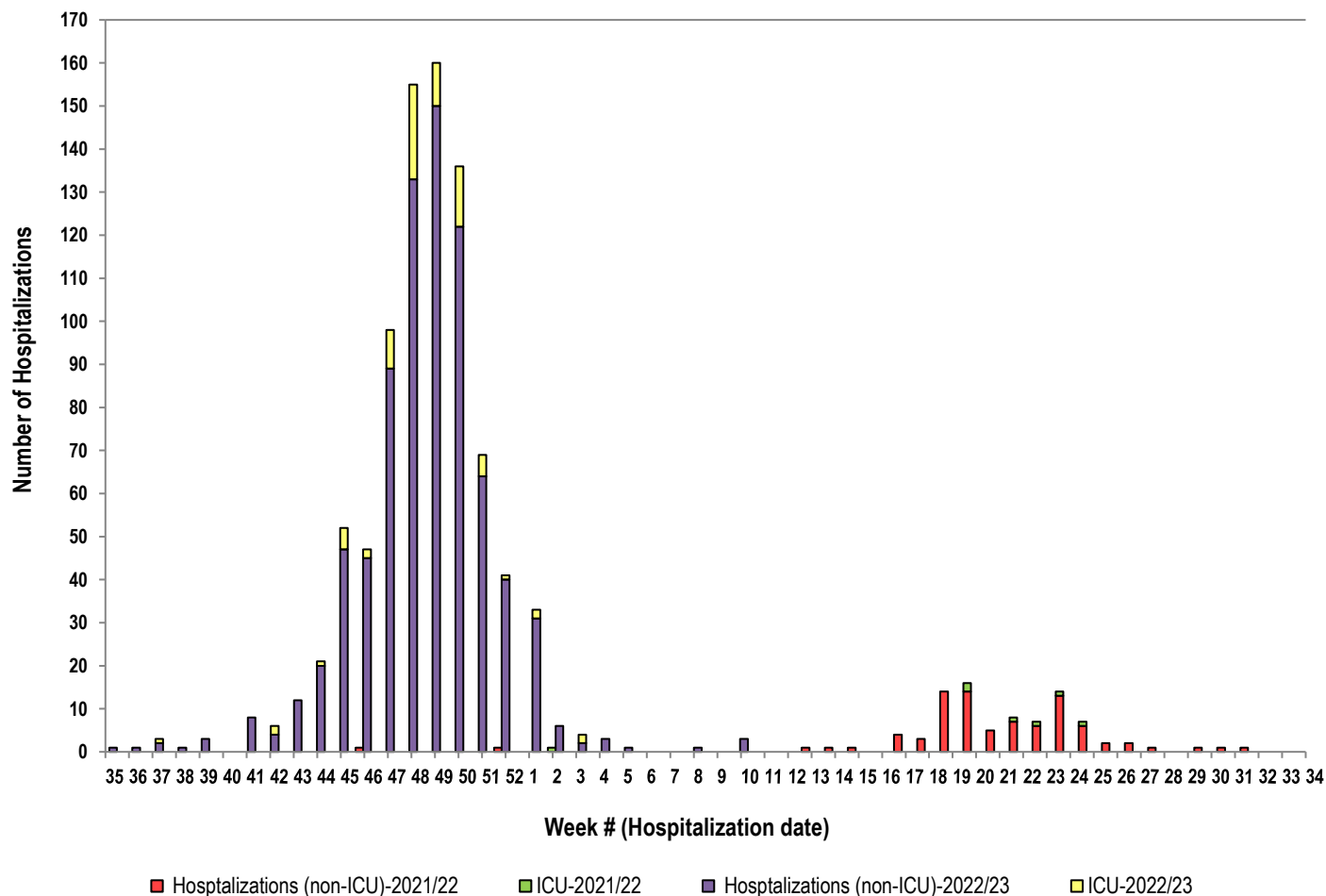


⁴ Two or more ILI cases within a seven-day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

⁵ Schools reporting greater than 10% absenteeism which is likely due to ILI.

4) Influenza associated Hospitalization⁶ and Death⁷ Surveillance⁸

Graph 4: Influenza associated Hospitalizations and ICU admissions in New Brunswick, by week of hospitalization for current and past season (2022-2023).*



*Sixty-six deaths have been reported so far in season 2022-2023.

National Flu Watch Program - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada's website at: <http://www.phac-aspc.gc.ca/fluwatch/>

Other Links:

World: <https://www.who.int/teams/global-influenza-programme/surveillance-and-monitoring/influenza-updates>

Europe: http://www.ecdc.europa.eu/en/healthtopics/seasonal_influenza/epidemiological_data/Pages/Weekly_Influenza_Surveillance_Overview.aspx

PAHO: http://new.paho.org/hq/index.php?option=com_content&task=blogcategory&id=805&Itemid=569

Australia: <http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm>

New Zealand: http://www.surv.esr.cri.nz/virology/influenza_weekly_update.php

Argentina: <http://www.msal.gov.ar/>

South Africa: <http://www.nicd.ac.za/>

US: www.cdc.gov/flu/weekly/

Prepared by the Communicable Disease Control Unit, Office of the Chief Medical Officer of Health, Tel: (506) 444-3044

⁶ Hospitalizations (including ICU admissions) are influenza associated; they may or may not be due to influenza.

⁷ Deaths are influenza associated; influenza may not be the direct cause of death.

⁸ In early January 2014, the Office of the Chief Medical Officer of Health implemented a new provincial surveillance system in collaboration with the Regional Health Authorities to monitor influenza-associated hospitalizations, intensive care unit admissions and deaths. A standardized Enhanced Surveillance Form is used to collect data on hospitalizations.