

LONG TERM CARE for persons 65 and over



What are long term care (LTC) services for persons 65 and over?

Seniors who need help with daily activities (e.g., mobility, bathing, preparing meals) on a long term basis may be eligible for subsidized LTC. These services may be provided in your own home, in a special care home or nursing home.

What services are available under LTC?

- **Home support services** can help you with your daily activities such as personal care (e.g., feeding, grooming, bathing), housekeeping and meal preparation in the comfort of your own home. This service can also be used to offer relief to caregivers.
- **Adult Day Centres** provide caregiver relief, social support, and meaningful social/recreational activities in a group setting. Seniors normally pay a small fee to cover the costs of snacks and meals.
- **Special care homes** provide supervision and assistance with daily living for people with limitations who can no longer remain in their own home. Some special care homes also offer enhanced services to individuals with dementia or a physical frailty and who require help with all aspects of daily life.

- **Nursing homes** are for people who are medically stable but who need full-time nursing care. To order the *Going to a Nursing Home* booklet, contact the Public Legal Education and Information Service of New Brunswick at (506) 453-5369 or email at pleisnb@web.ca
- **Relief care** can be provided to give support to families or caregivers in order to keep seniors in their own homes and delay or prevent placement in residential facilities or hospitals. Temporary relief can be provided in a person's own home, a special care home or a nursing home.



How do I access LTC services?

Receiving LTC services is voluntary. It is your choice. For an assessment of your needs, please contact the Department of Social Development. Someone you trust can be with you during the assessment.

Who will pay for my long term care services?

LTC Services are not covered by Medicare. Your income will be considered in determining what you will pay. The government may provide financial assistance to those who are unable to pay the full cost of their services.

For more information about Long Term Care, please contact the Department of Social Development

1-833-733-7835

<https://socialsupportsnb.ca/en/>

