

CHANGING DIRECTIONS



What is Changing Directions?

Changing Directions is a pilot project for frequent clients who may be involved with police, courts, probation or custody more than others.

The goal is to help clients develop a plan that will help them work towards crime-free lives. It's meant to stop the cycle of being in and out of court and custody.

Who can take part in the program?

- Adult clients aged 18+
- Participation is voluntary
- Individuals with reoccurring court appearances

How does the program work?

You may be asked by a police or probation officer or others if you are interested in being part of the program. If you agree, you will be asked to sign some consent forms so that some of your information can be shared with team members from other agencies who are ready to work with you. This information may include:

- *Your name and contact information*
- *Offending history*
- *Results from screening and assessment tools that your probation officer will complete with you*

Together we will use your information to decide if Changing Directions is a good fit for you. You will be asked to attend regular meetings with your Case Manager at times that work best for you. The focus is on supporting **you** to live a crime-free life, which may include **help accessing services:**

- Stable housing
- Social assistance
- Medicare
- Mental health and addictions counselling
- Spiritual support
- Employment and skills training
- Job readiness
- Help to find and keep employment
- Life skills training- banking, budgeting etc.
- Prosocial leisure and recreation activities
- Monitoring in the community
- Continued support (community or custody)
- Other supports that you identify

If accepted, you will be in the driver's seat. You and your Case Manager will begin developing your plan. You'll be asked about your goals: What do you want? What do you need? What will help you get there? Who do you want to have involved supporting you? What will help you succeed? What about when you slip up?

Let's build on your strengths!

Who is the Case Management Team (CMT)?

Your plan may include many goals. This is why a team approach is used. You are the center of this Case Management Team. Other team members will include: health, social service workers, RCMP/police, employment counselors, a Case Manager who will help to coordinate your plan and any family or friends that you think will help you stay on track.



Where is this program available?

Changing Directions is only available in certain areas. The first pilot sites are **Moncton and Miramichi**. Please contact your nearest probation office for more information.

Probation Office	Phone Number
Bathurst	(506) 547-2159
Bouc touche	(506) 743-7233
Campbellton	(506) 789-2339
Edmundston	(506) 735-2030
Elsipogtog	(506) 523-7819
Fredericton	(506) 453-2367
Grand Falls	(506) 473-7705
Miramichi	(506) 627-4060
Moncton	(506) 856-2313
Saint John	(506) 658-2495
Shippagan	(506) 336-3060
St. Stephen	(506) 466-7510
Sussex	(506) 432-2031
Tobique	(506) 273-4723
Woodstock	(506) 325-4423