

Self-Help Employment Services

Rebuilding New Brunswick together.



Looking for work? Ready to hire? Help yourself!

If you are a job seeker, a student seeking work, or an employer ready to hire, there's help. Visit a Post-Secondary Education, Training and Labour office near you and talk one-on-one with an experienced staff member. You can also visit our website for more information about employment programs and services at www.gnb.ca/training.

The right tool for you Employment Counselling

So you've searched the Job Bank, called the job line and visited a career information centre. Still looking for answers? Don't worry, we can help. Visit a Post-Secondary Education, Training and Labour office and speak to an employment counsellor today. Step-by-step, one-on-one, your employment counsellor will help guide you in your quest for permanent employment. We'll help you, so you can help yourself to an exciting career.

Career Information Centres

This is your one-stop shop, where you can find information on the various programs and services related to careers. Use resource materials and tools such as Internet-ready computers, books, magazines, videos and more, to define your career goals and the methods by which you can reach them.

Our centres strive to provide you information on subjects such as:

Job search

Learn methods and strategies on how to find a job, including resumé writing, interview techniques, and how to effectively search for jobs on the Internet. Here are two useful websites: www.jobbank.gc.ca and NBJobs.ca.

Training and education

Upgrading, post-secondary and professional studies, distance education, apprenticeship programs, prior learning assessment and recognition, etc.

Financial assistance

Financial assistance for education and training.

Labour market information

Economic, social, demographic and workforce statistics, as well as job scopes and trends.

Career planning

Methods and tools for self-evaluation and decision-making. Support available for development and implementation of an employment action plan.

Personal and professional development

Time management, new approaches in the work field, budget planning, leadership, communications, etc.

Entrepreneurship

Steps to starting your own business, including financial resources and business plans.

Programs and services

Employment and training programs, as well as services are offered by different government agencies and community organizations.

Labour Exchange

Job Bank (www.jobbank.gc.ca)

This is an online network where employers can post job openings and job seekers can review them. Job seekers can also peruse job openings at one of the computers located at career information centres.

Job seekers who do not have Internet access may call Employment Telemessage, toll-free, at 1-800-523-4732 to obtain information on job listings posted.

The following e-mail address allows employers to e-mail their job order information:
PETL.jobbank@gnb.ca

The following telephone number allows employers to fax their job order information: (506) 462-5916.

NBJobs.ca

This is another useful website where you can post or view job openings. Job seekers can review job opportunities available in their area and around the province.

Contact a Post-Secondary Education, Training and Labour office near you

Bathurst 275 Main Street, Suite 300
Telephone: (506) 549-5766

Campbellton 157 Water Street, Suite 100
Telephone: (506) 789-2411

Caraquet 20E St-Pierre Ouest Blvd., Place Bellevue
Telephone: (506) 726-2639

Edmundston 121 de l'Église Street, Carrefour Assomption, Suite 308
Telephone: (506) 735-2677

Fredericton 300 St. Mary's Street
Telephone: (506) 453-2377

Grand Falls 160 Réservoir Street, Suite 101
Telephone: (506) 475-4025

Miramichi 152 Pleasant Street
Telephone: (506) 627-4000



Moncton 200 Champlain Street, Suite 320
Telephone: (506) 869-6944

Neguac 430 Principale Street
Telephone: (506) 627-4000

Perth-Andover 19 Station Street
Telephone: (506) 273-4559

Richibucto 25 Cartier Blvd., Unit 149
Telephone: (506) 523-7602

Sackville 170 Main Street, Unit C-1
Telephone: (506) 869-6944

Saint John 1 Agar Place
Telephone: (506) 643-7258

Shediac 342 Main Street, Centre-Ville Mall, Unit 144, Telephone: (506) 533-3325

Shippagan 182 J.D. Gauthier Blvd.
Telephone: (506) 726-2639

St. Stephen 73 Milltown Blvd., Ganong Place, Suite 202
Telephone: (506) 466-7627

Sussex 707 Main Street
Telephone: (506) 432-2110

Tracadie-Sheila 3514 Principale Street, 2nd Floor
Telephone: (506) 726-2639

Woodstock 111 Chapel Street, Unit 201
Telephone: (506) 325-4406