WHO GROWTH CHARTS FOR CANADA

GIRLS

2 TO 19 YEARS: GIRLS

Body mass index-for-age percentiles

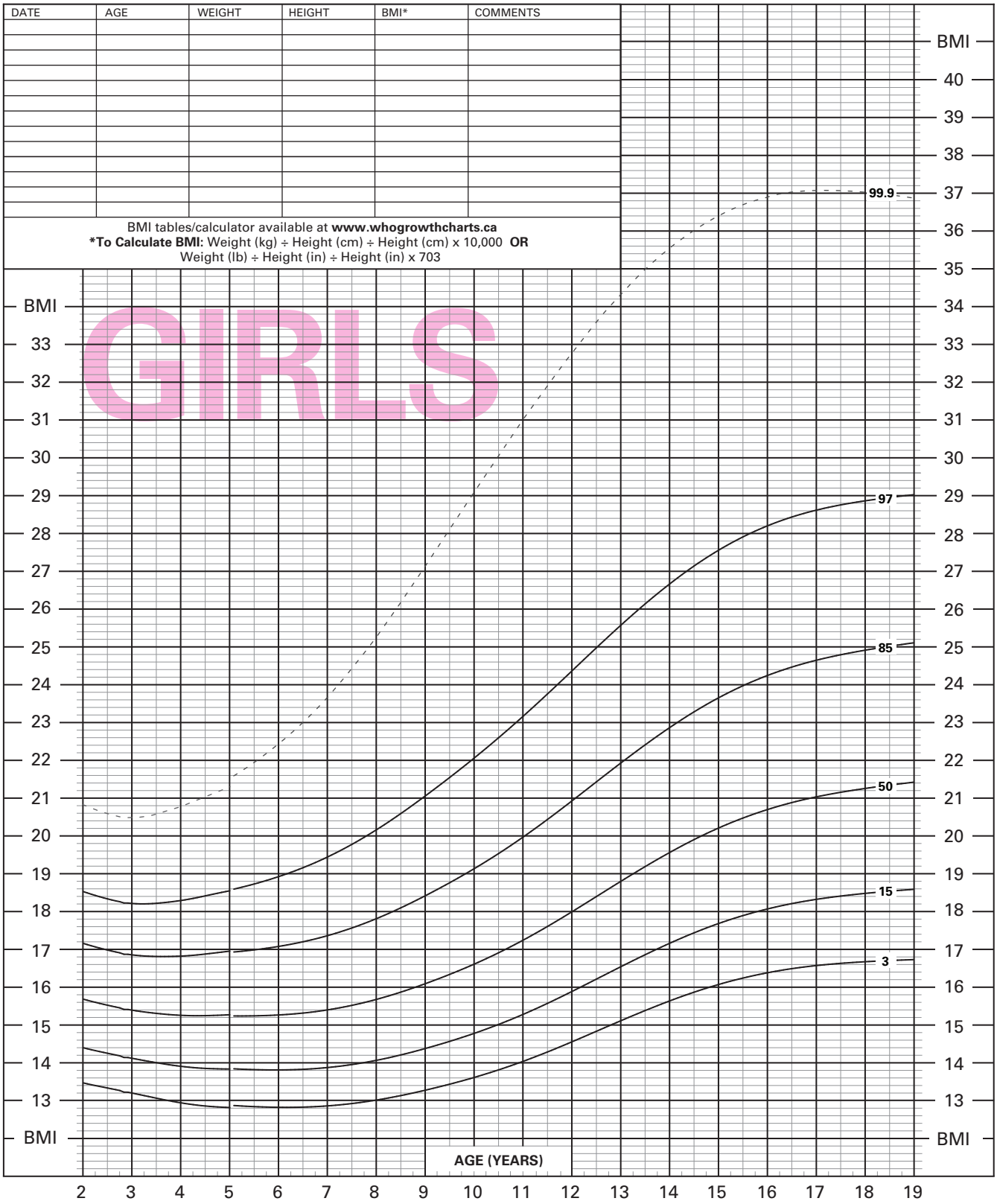
NAME: _____

DOB: _____ **RECORD #** _____

DATE	AGE	WEIGHT	HEIGHT	BMI*	COMMENTS

BMI tables/calculator available at **www.whogrowthcharts.ca**

***To Calculate BMI:** Weight (kg) ÷ Height (cm) ÷ Height (cm) x 10,000 **OR** Weight (lb) ÷ Height (in) ÷ Height (in) x 703



SOURCE: Based on World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) and adapted for Canada by Canadian Paediatric Society, Canadian Pediatric Endocrine Group, College of Family Physicians of Canada, Community Health Nurses of Canada and Dietitians of Canada.

© Dietitians of Canada, 2014. Chart may be reproduced in its entirety (i.e., no changes) for non-commercial purposes only. **www.whogrowthcharts.ca**

WHO GROWTH CHARTS FOR CANADA

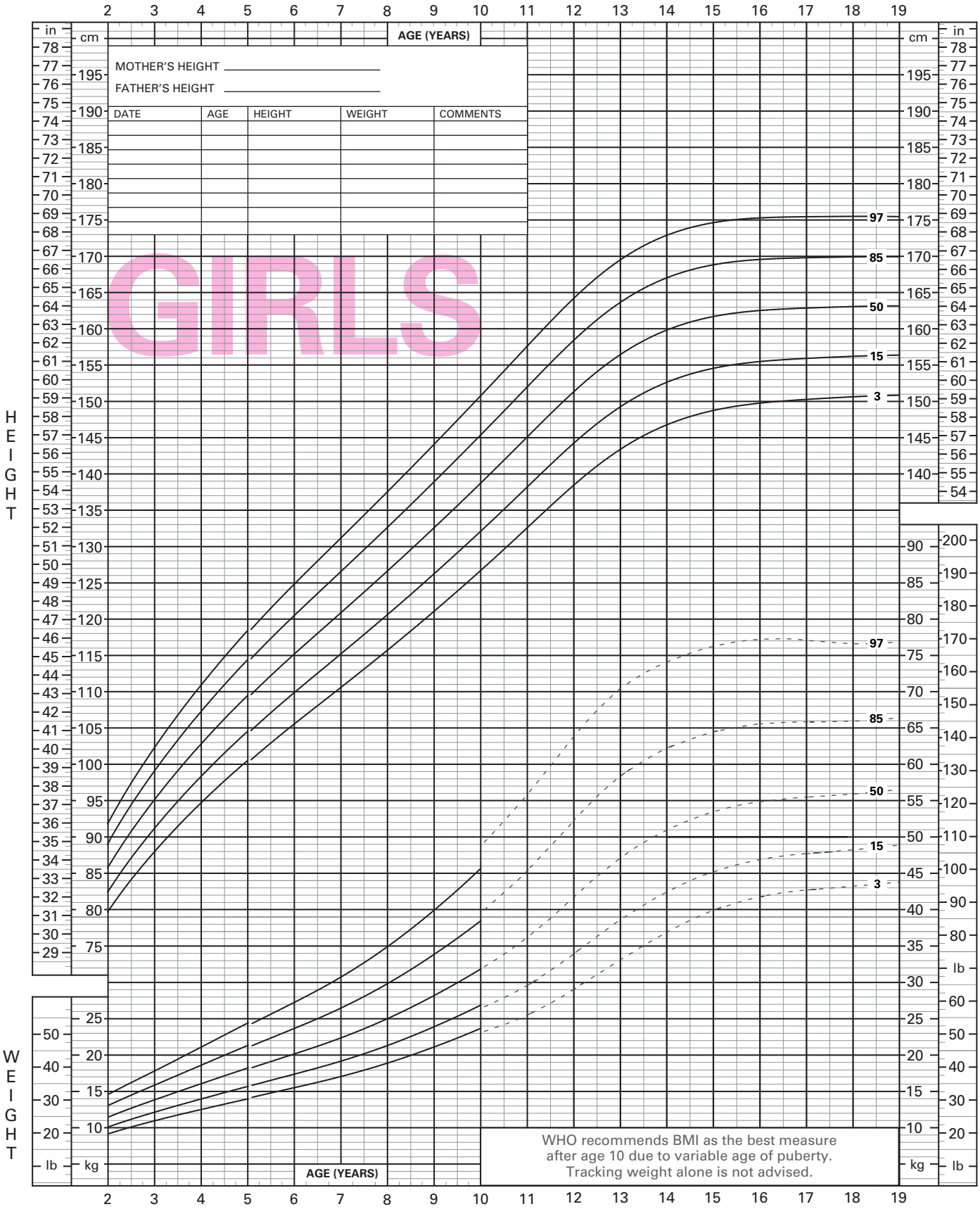
GIRLS

2 TO 19 YEARS: GIRLS

Height-for-age and Weight-for-age percentiles

NAME: _____

DOB: _____ **RECORD #** _____



SOURCE: The main chart is based on World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) adapted for Canada by Canadian Paediatric Society, Canadian Pediatric Endocrine Group (CPEG), College of Family Physicians of Canada, Community Health Nurses of Canada and Dietitians of Canada. The weight-for-age 10 to 19 years section was developed by CPEG based on data from the US National Center for Health Statistics using the same procedures as the WHO growth charts.

© Dietitians of Canada, 2014. Chart may be reproduced in its entirety (i.e., no changes) for non-commercial purposes only. **www.whogrowthcharts.ca**