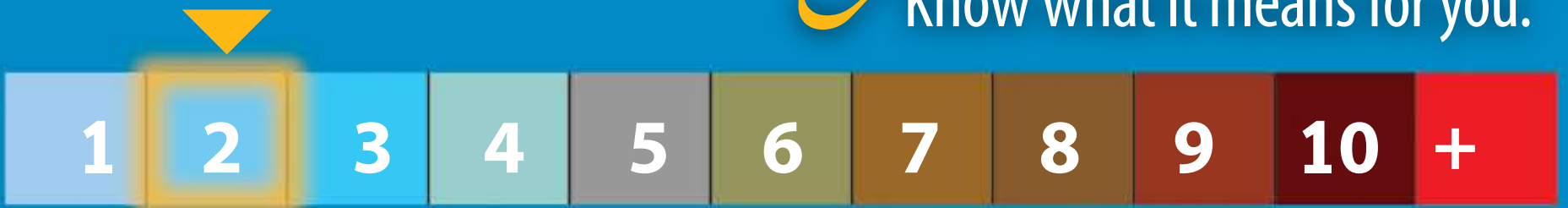


# Air Quality Health Index

Know what it means for you.\*



# Breathe Easy

The Air Quality Health Index is easy to use. It relates air quality to health risk. The lower the number the better the air. The higher the number, the greater the health risk. If you are planning an outdoor activity, check the index first. Because once you know what it means for you, you can breathe easy.



\* [www.airhealth.ca](http://www.airhealth.ca)

For further information call: 1-888-484-2744